

Table with 5 columns (Monday to Friday) and 4 rows (Menu items, Energy, Protein, Carbohydrate). Each cell contains a menu item with an illustration and a small table of nutritional values.

旬の魚・野菜・果物 (Seasonal Fish, Vegetables, and Fruits) and 味めぐり【愛媛県】 (Taste of Ehime Prefecture). Includes illustrations of fish, vegetables, and fruits, and a photo of a bowl of rice.

松山市学校給食の 今月の主な食品の予定産地 (Main food production areas for this month in Matsuyama City School Lunch). Lists various food items and their production regions.

※ (小)は小学校のみ、(中)は中学校のみ使用する食品を記載しています。 (Small) is for elementary school only, (middle) is for middle school only. Includes information about the 'Taste of Ehime' initiative and a QR code for the school lunch homepage.