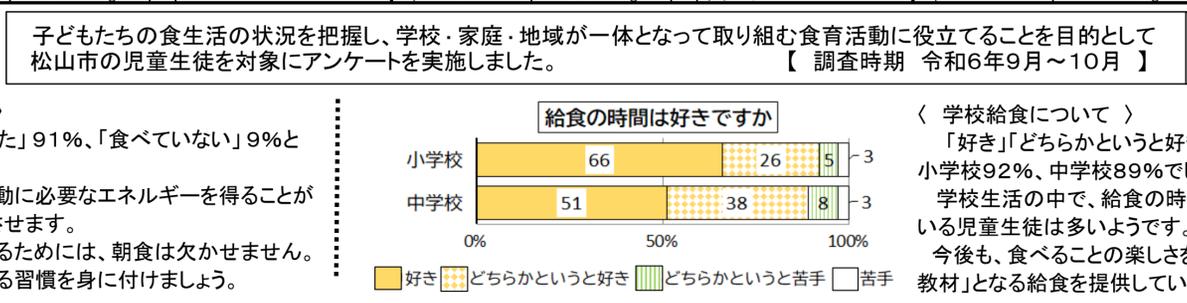
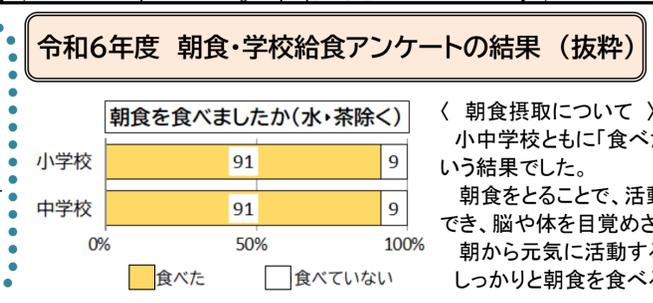


Main menu table with columns for days of the week (月曜日 to 金曜日) and dates (8日 to 31日). Each entry includes food items, energy/nutrient values, and small illustrations of the dishes.

旬の魚・野菜・果物 (Seasonal Fish, Vegetables, and Fruits). Includes illustrations of various items like crab, carrots, and citrus fruits.



松山市教育委員会 松山市学校栄養士協議会 (Matsuyama City Education Commission / Matsuyama City School Nutritionists Association). Text regarding school lunch programs.

松山市学校給食の今月の主な食品の予定産地 (Planned production areas for main food items in Matsuyama City school lunches). Lists items like pork, chicken, salmon, etc., and their origins.

Footnote and QR code section. Includes a QR code for '松山市HP' (Matsuyama City HP) and additional information about the survey and menu.