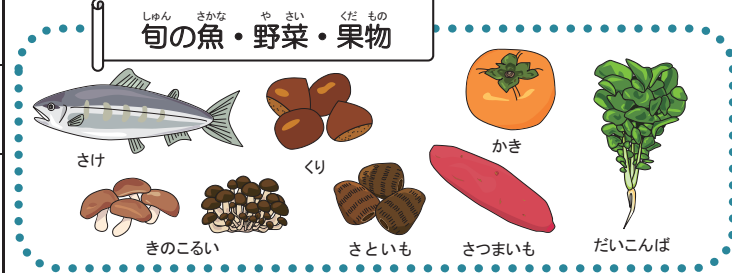


Main menu table with columns for days of the week (月曜日, 火曜日, 水曜日, 木曜日, 金曜日) and rows for dates (3日, 10日, 17日, 24日, 31日, 4日, 11日, 18日, 25日, 1日, 8日, 15日, 22日, 29日). Each cell contains a meal illustration, a color-coded group (赤, 黄, 緑), and a table of energy and protein values.



味めぐり【愛媛県】 (Taste of Ehime Prefecture) section. Text describes the 'Hijiki Rice' and 'Houchouju' (fish-based dashi) used in the menu, highlighting their origin in Ehime Prefecture. Includes a QR code and a photo of the food.

松山市学校給食の 今月の主な食品の予定産地 (Main food production areas for this month in Matsuyama City School Lunch). Lists various food items and their corresponding production regions in Japan.

※ (小)は小学校のみ、(中)は中学校のみ使用する食品を記載しています。 (Small) is for elementary school only, (middle) is for middle school only. Includes notes about allergen information and a QR code for the school lunch homepage.