



令和3年 5月 予定献立表



Main menu table with columns for days of the week (月曜日 to 金曜日) and dates (3日 to 31日). Each cell contains meal illustrations, food names, and nutritional information (エネルギー, たんぱく質).

味めぐり(長崎県) section featuring 'ちゃんぽん' (Champon) with a map of Nagasaki Prefecture and a photo of the dish.

旬の魚・野菜・果物 (Seasonal Fish, Vegetables, and Fruits) section with illustrations of salmon, green peas, and other seasonal items.

松山市学校給食の 今月の主な食品の予定産地 (Main food production areas for this month in Matsuyama City School Lunch). Lists various meats, vegetables, and fruits with their respective production regions.

※ (小)は小学校のみ、(中)は中学校のみ使用する食品を記載しています。 (Small) is for elementary school only, (Middle) is for middle school only. Includes color key (赤, 黄, 緑) and website information.