

Table with 5 columns (Monday to Friday) and 5 rows (April 11th to 29th). Each cell contains a meal plan with illustrations of food items, a color-coded group (Red, Yellow, Green), and a small table of energy and protein values.

旬の魚・野菜・果物 (Seasonal Fish, Vegetables, and Fruits) section featuring illustrations of various ingredients like fish, vegetables, and fruits. Includes a '味めぐり【愛媛県】' (Taste of Ehime Prefecture) section with a photo of a bowl of rice and text describing the theme.

松山市学校給食の 今月の主な食品の予定産地 (Main food products for this month in Matsuyama City School Lunch). Lists various food items and their production areas, such as pork, chicken, fish, and vegetables from Ehime, Kochi, and other regions.

※ (小)は小学校のみ、(中)は中学校のみ使用する食品を記載しています。 (Small) is for elementary school only, (middle) is for middle school only. Includes information about the '味めぐり' theme, allergen information, and a QR code for the school lunch homepage.