



Main menu table with columns for days of the week (月曜日 to 金曜日) and specific meal days (1日 to 31日). Each cell contains a meal illustration, a list of ingredients, and a table with energy and protein values.

学校給食で食べたい 我が家の献立. Advertisement for school lunch featuring a family illustration and text about home-style dishes.

お知らせ. Notice regarding menu adjustments for July due to infection prevention measures.

夏野菜を食べましょう. Advertisement for eating summer vegetables, listing various types and their benefits.

松山市学校給食の 今月の主な食品の予定産地. List of planned production areas for main food items, including Hokkaido, Aomori, and other regions.

※ (小)は小学校のみ、(中)は中学校のみ使用する食品を記載しています. 赤(あか) ... 旬 ... 味のめぐり ... 週に1回程度みかんジュースがつかます. 松山市の学校給食のホームページ ...