



Main menu table with columns for days of the week (月曜日 to 金曜日) and rows for dates (2日 to 25日). Each cell contains food items, illustrations, and nutritional information (エネルギー, たんぱく質).

山梨県の味めぐり (Yamanashi Prefecture's Flavorful Journey) section featuring a bowl of food and text about local ingredients and a recipe for 'ほうとう' (Houtou).

旬の魚・野菜・果物 (Seasonal Fish, Vegetables, and Fruits) section with illustrations of various seasonal items like fish, broccoli, and citrus fruits.

松山市学校給食の 今月の主な食品の予定産地 (Main food sources for this month's school lunch in Matsuyama City). Lists products like beef, chicken, and various vegetables with their respective production areas.

Footnote section containing general information, allergen warnings, and a URL for the school lunch homepage: http://www.city.matsuyama.ehime.jp/kurashi/kosodate/kyuusyoku/gakkoukyusyoku.html