



Main table containing 20 days of school lunch menus (献立表) with columns for day of the week, meal items, and nutritional information (エネルギー, たんぱく質).

山梨県の味めぐり (Yamanashi Prefecture's Taste Journey) section featuring a photo of a bowl of food and text describing the ingredients and the prefecture's cuisine.

旬の魚・野菜・果物 (Seasonal Fish, Vegetables, and Fruits) section with illustrations of various seasonal ingredients like fish, vegetables, and fruits.

松山市学校給食の今月の主な食品の予定産地 (Main food production areas for this month's school lunch in Matsuyama City). Lists various meats, vegetables, and fruits with their respective production regions.

※ (小)は小学校のみ、(中)は中学校のみ使用する食品を記載しています。 (Small) is for elementary school only, (Middle) is for middle school only. Includes notes about allergen information and the source of the menu.