



Main menu table with columns for days of the week (月曜日 to 金曜日) and rows for dates (3日 to 28日). Each cell contains a meal plan with illustrations, ingredients, and nutritional information.

我が家の献立 (My Family's Menu) section with a cartoon illustration of a family and text explaining the menu's origin.

建国記念の日 (National Foundation Day)

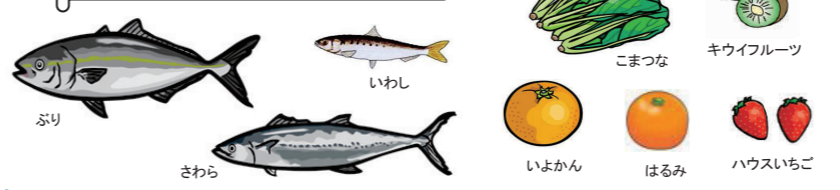
振替休日 (Compensatory Day Off)

秋田県の味めぐり (Taste of Akita Prefecture)

Text describing the 'いものこ汁' (Imonoko-jiru) soup, a traditional Akita dish, and its ingredients.



旬の魚・野菜・果物 (Seasonal Fish, Vegetables, and Fruits)



節分にどうして豆をまくの? (Why do we throw beans on Setsubun?)

Text explaining the tradition of throwing beans on Setsubun to ward off evil spirits and bring good luck in the new year.



松山市学校給食の今月の主な食品の予定産地 (Main food sources for this month's school lunch in Matsuyama City). Lists various food items and their respective production regions.

Additional notes and information, including a disclaimer about menu changes and a link to the school lunch homepage.